SASH
Connecting Health & Home

Symposium: Exponential Impact: Connecting Health, Housing and Community (ML904)
Washington, DC, Washington Marriott Marquis
December 10, 2014 - 8:30 a.m. - 4:00 p.m.
Vermont’s Northeast Kingdom

- Population 65,000
- 2000 Square Miles
- St. Johnsbury, 7600 residents
- HMI Caledonia $34,000, Orleans $31,000
- Poverty rate 14%
- Poverty below age 18, 18%
- Poverty above 65, 11%
- Orleans County has the fifth lowest average household spending in the US
What is SASH?

A care partnership connecting the health and long-term care systems to nonprofit affordable housing providers, to support Vermonters to stay at home throughout their lives.
Profile of our Residents

- 85% over 70; 40% over 85
- 49% used ER in past year
- 54% take 6 or more prescription meds
- 61% fallen in past year
- 32% self-reported mental health concerns
- 59% use a cane or walker
- 49% failed 2-3 components of a cognitive screen
Essential Elements

- Participants
- SASH Staff
- Team Based Care Management
- Information Sharing through Technology
- Prevention through Healthy Aging Planning
- Volunteers
Team Based Care Management

Nonprofit Housing

Visiting Nurse Assoc.

Area Agency on Aging

Hospital
Individual & Population Based Approach
SASH Provides

• Assessment
• Person Centered Healthy Aging Planning
• Informed Team to Help in a Crisis
• Transitions Support back Home
• Proven Practices through the CHAP
• Regular Check Ins
• Coaching
• Wellness Nurse Supports
• Link with CHT and Medical Home
SASH Research

SUPPORT AND SERVICES AT HOME (SASH) EVALUATION:
FIRST ANNUAL REPORT


September 2014
SASH Health Outcomes

• 19% reduction in hospitalizations
• No bounce backs from Nursing Homes
• Reduced falls- 22% reduction
• Increased physical activity
• Reduced nutritional risk

Better health & better care
SASH Cost Savings

• $2197 savings per month and participant in year two of program compared to control group
• 3600 participants in Vermont
• $7.9 million net savings annually to Medicare

_Better health, better care & lower cost_
How has SASH been Paid for?

• Integrated into Vermont’s cutting edge health reform program, Blueprint for Health

• Funded by the CMS through the 3-year MAPCP Demonstration Program
What is the Blueprint for Health

A program for:

• integrating a system of health care for patients;
• improving the health of the overall population;
• controlling health care costs by promoting health maintenance, prevention and care coordination and mgmt.
Connecting Health to Home

Vermont

Medical Home

Community Health Team

Housing Based SASH Team

Housing - Mental Health - VNA - AAA

RuralEdge
a Community Development Corporation
How was the SASH Expansion Managed

Organizational Infrastructure includes

– A Statewide Administrator

– Six Designated Regional Housing Organizations (DRHOs)
Thank you!

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